

Testimonials from Nagari na Kowa Participants



"I learned to understand my daughter's temperament and needs after I joined Nagari na Kowa. When I implemented the new parenting skills I learned - especially the heart to heart conversation and setting limits calmly - my relationship with my daughter improved."

Halima Bundi Abubakara, mother of 4



"Nagari na Kowa made me feel less isolated. The advice and support from my facilitators, other teens, and parents helped me become a better child and it also made me improve in my academics. At first I was not serious about my studies and I only went to school because I saw my friends there. Now I know the importance of being educated."

Yakura Sanda, an adolescent in Nagari na Kowa



"I joined Nagari na Kowa together with my mother and it helped us communicate better now. It strengthens our relationship with other people. It builds a bond between me and my mum and that is helping us take care of my younger siblings together."

Inna Ali, an adolescent in Nagari na Kowa