

Para Social Work I

Day/time	Event
Day 1	Introductions and Identifying OVCs
8.00-8.30	Arrival Registration
8.30-9.15	Opening Ceremony Overview of the partnership program and definition of para-social worker Comments from program partners Institute of Social Work Department of Social Welfare Intrahealth
9.15-10.00	Pre test
10.00-10.30	Introduction 1. Workshop objectives 2. Ground rules 3. Election of officers Ice breaker
10.30-11.00	Tea Break
11.00-12.00	Overview of OVC Concepts (DSW)
12.00-12.30	Government Response
12.30-1.00	Plenary
1.00-2.00	CHAKULA Lunch
2.00-3.00	How do we find OVCs
3.00-3.30	Tools for OVC identification and follow up
3.30-4.30	How Para Social Workers can identify OVCS in the community
4.30-4.45	Break
4.45-5.30	Video Case Example: <i>Dancing for Mwakaila</i>
Day 2	Developmental, Legal and Ethical Issues
8.30-8.45	Recap
8.45-10.00	<ul style="list-style-type: none"> • The Life of a Child: Human Development
4.00-4.30	Developmental Milestones
10.30-11.00	Tea
11.00-11.45	Legal and ethical issues
11.45-12.15	African Charter on the Rights and Welfare of the Child <ul style="list-style-type: none"> • Constitutional Rights of Children in Tanzania
12.15-1.00	Important Laws affecting orphans and vulnerable children in Tanzania
1.00-2.00	lunch
2.00-3.30	Reviewing the National Costed Plan of Action for MVC/OVC 2007-2010.
3.30-3.45	Preparation for groups
3.45-4.00	Break
4.00-6.00	Skills Workshop using group case Identifying Children in need
Day 3	Engaging OVCS and their families
8.30-8.45	Recap
8.45-10.30	Engaging clients

Day/time	Event
	Issues in communicating with and interviewing families
10.30-11.00	Tea Break
11.00-12.30	Issues in communicating with children
12.30-1.00	Plenary discussion
1.00-2.00	Lunch
2.00-3.00	Life of the child II <ul style="list-style-type: none"> • Crisis
3.00-3.45	Dealing with trauma
3.45-4.00	Break
4.00-6.00	Skills Building Workshop using group case: Interviewing to engage clients to obtain major information
Day 4	Assessing needs and strengths
8.30-8.45	Recap
8.45-9.45	The concept of holistic assessment: Needs and strengths
9.45-10.30	<ul style="list-style-type: none"> • Assessment process
10.30-11.00	Break
11.00-12.30	Step I: collecting information <ul style="list-style-type: none"> • Areas of assessment
12.30-1.00	Plenary
1.00-2.00	Lunch Break
2.00-3.00	Step II: Assessing the family/household <ul style="list-style-type: none"> • Information about the community Step III: Analysing the information <ul style="list-style-type: none"> • Sing the Child Status Index
3.00-3.45	Step IV: Using the information to develop a service plan <ul style="list-style-type: none"> • Setting service priorities • What next?
3.45-4.00	Break
4.00-6.00	Skills building workshop: Conducting a holistic assessment
Day 5	Developing and implementing a plan of support Working with System rules for Para Social Workers
8.30-8.45	Recap
8.45-9.45	Overview of community system of care and support <ol style="list-style-type: none"> 1. Developing a plan of support 2. Case management process Models of implementing plans of support
9.45-10.30	Mapping exercise Mapping community resources
10.30-11.00	Break
11.00-12.00	How Para Social worker can work with other service providers <ul style="list-style-type: none"> • Reaching referral sources • Guide for making referrals • Tips on resources
12.00-1.00	Resource fair
1.00-2.00	Lunch break

Day/time	Event
2.00-3.30	Self care and avoiding burn out
3.30-3.45	Break
3.45-5.30	Skills building workshop using cases
Day 6	Counseling OVCs and their families/Behavior change
8.30-8.45	Recap
8.45-10.30	Behavior change model
10.30-11.00	Tea break
11.00-12.00	Stages of Change
12.00-1.00	Role of Para Social Worker in supporting behavior change and risk reduction <ul style="list-style-type: none"> • Stages of change
1.00-2.00	Lunch break
8.00-9.30	Life of the Child III: Loss and Grieving
3.30-3.45	Factors that affect grieving: How to help a child
3.45-4.00	Tea break
4.00-6.00	Skills building workshop using cases
Day 7	Helping HIV Affected Children and Orphans
8.30-8.45	Recap
8.45-9.45	Overview of HIV/AIDS
9.45-10.30	State of HIV/AIDS globally and in Tanzania
10.30-11.00	Tea
11.00-11.45	Preventing HIV, voluntary counseling and testing
11.45-12.15	Prevention of mother to child transmission
12.15-1.00	Adherence to medication including ARTs
1.00-2.00	Lunch break
2.00-2.30	What the Para Social Worker can do to support prevention for people living with HIV/AIDS
2.30-3.00	Long term issues: Disclosure, End of life planning The road to Tanzania without HIV/AIDS
3.00-3.30	Break
3.30-5.30	Skills building workshop
Day 8	Monitoring and Evaluation, Addressing Stigma and discrimination
8.30-8.45	Recap
8.45-9.30	Monitoring and evaluation <ul style="list-style-type: none"> • Relationship between program goals and evaluation
9.30-10.30	Assessing services to Orphans and Vulnerable children and their families
10.30-11.00	Tea break
11.00-11.15	Why do we need data when doing monitoring and evaluating?
11.15-12.30	Reviewing the CSI tool
12.30-1.00	Plenary
1.00-2.00	Lunch break
2.00-3.00	Stigma and Discrimination
3.00-3.30	Tea break
3.30-5.30	Skills building workshop
Day 9	Parenting, Supporting families and Community Entry

Day/time	Event
8.30-8.45	Recap
8.45-9.45	Parenting
9.45-10.30	Building a base of support for care givers
10.30-11.00	Tea break
11.00-11.45	Community entry
11.45-12.30	Post test and program evaluation <ul style="list-style-type: none"> • Feedback on the program
12.30-1.30	Lunch break
1.30-3.30	Final Celebration and closing

Note: This training material is continually being evaluated and updated to reflect current needs and best practices therefore it should be viewed as work in progress.

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