

# Knowledge Hub Newswire

The Regional Knowledge Hub for the Care and Treatment of HIV/AIDS in Eurasia  
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### Snapshot

*These statistics reflect the Regional Knowledge Hub's activities from its inception in March 2004 through February 2011*

- Knowledge Hub courses held: **251**
- Healthcare professionals trained: **6096**
  - Russia: **2824**
  - Ukraine: **2169**
  - Uzbekistan: **396**
  - Belarus: **168**
  - Kazakhstan: **125**
  - Moldova: **118**
  - Tajikistan: **106**
  - Kyrgyzstan: **104**
  - Azerbaijan: **57**
  - Estonia: **29**

Physicians who have earned nationally recognized advanced professional certification in adult/adolescent or pediatric AIDS treatment through the Knowledge Hub:

- Ukraine: **294** physicians
- Russia: **66** physicians and **22** nurses

The Knowledge Hub offers more than 40 courses on a broad range of HIV-related care and treatment topics.

Fourteen new and/or updated courses were developed in 2008-2009 and posted on the Knowledge Hub's web site in 2009-2010. These include:

#### New Courses:

- Integrated Approach in Treatment and Management of HIV/TB/Hepatitis Co-Infection in Substance Users
- Three-Step HIV/AIDS Program for Nurses
- Case Management: Patients Adherence to ART (for social and medical workers)
- Integrated Care Model for PLWHA
- Training-of-Trainers Course: HIV/AIDS for Social Workers
- Support of Sexual and Reproductive Health in People Living with HIV
- Organ and System Complications in Patients with HIV-Infection
- Laboratory Diagnostics of Opportunistic infections and Monitoring of HIV Treatment Quality
- Viral Hepatitis C and B and HIV: Management Strategies for Co-infected Patients

#### Updated Courses:

- Advanced Pediatric ART and Management of Opportunistic Infections

- PMTCT
- Advanced Adult ART
- HIV/AIDS Treatment and Care for Injecting Drug Users
- Management of HIV and TB Co-Infection

Ten of these courses have been developed with support from the WHO Regional Office for Europe.

### *Knowledge Hub Calendar*

***The following trainings and events are scheduled to take place at the Knowledge Hub or affiliated centers in March–May 2011***

## **Russia**

**March 28-30**

### **3rd Annual Russian Congress on Infectious Diseases, Moscow**

Representatives from AIHA and Regional Knowledge Hub for the Care and Treatment of HIV/AIDS in Eurasia will take part in the 3rd Annual Russian Congress on Infectious Diseases in Moscow, presenting The Pocket Guide to Adult HIV/AIDS Treatment 2010, by J. Bartlett, recently translated into Russian language, and printed with support from WHO.

## **April**

AIHA/KH team of local and international HIV care and treatment experts will commence efforts to develop detailed written description for one of the most requested AIHA/KH courses, “Organ and System Complications in Patients with HIV-infection” which is currently available in PPP format. Notes to slides will make the course content, especially new topics, more understandable and user-friendly for both faculty and practitioners.

## **Uzbekistan**

**March 14-18**

### **Regional ToT Course on HIV Nursing and Palliative Care for Specialists from Central Asia, Tashkent**

The third Regional training on HIV/AIDS with ToT component will be conducted by local faculty trained within the “Development of the Regional Training Center (RTC) on Care and Treatment of HIV/AIDS for Central Asia” project, which is supported by the Central Asian AIDS Control Project and World Bank. Some 26 specialists from Kazakhstan, Kyrgyzstan, Tajikistan, and Uzbekistan will be trained in specific issues of HIV nursing and palliative care.

**March 15-18**

### **Training on Art Therapy for Children, Tashkent**

A five-day training on art therapy will be conducted for 16 medical psychologists and psychotherapists from Kazakhstan, Kyrgyzstan, Tajikistan, and Uzbekistan who manage children living with HIV. Participants are potential specialists for the provision of art therapy to HIV-positive patients at the local level. The training agenda includes methodologies of art therapy, psycho-physiological and clinical approaches in art therapy, psycho-therapeutic factors and effects of art therapy, and organizational principles of art therapy for HIV-positive patients. Leading faculty in art therapy from St. Petersburg will teach the course.

**March 25-26**

### **Second Steering Committee Meeting for the Regional Central Asian Training Center on HIV/AIDS Care, Treatment, and Support for PLWHIV, Tashkent**

Representatives of the Uzbek Ministry of Health; TashIPME; the Republican AIDS Centers of Kazakhstan, Kyrgyzstan, Tajikistan, and Uzbekistan; GFATM; WHO; UNAIDS; AIHA; and the Central Asian AIDS Control Project will meet to define further directions for the center’s activities and sustainability.

*These events were hosted by the Knowledge Hub or affiliated centers  
in December 2010 – February 2011*

## **Russia**

**December 6-10**

### **25 Years of Fighting HIV/AIDS in Russia Conference, Suzdal**

Representative from the KH/AIHA took part in this scientific conference and distributed two recent Russian translations — “Medical Management of HIV Infection 2009-2010” (J. Bartlett and J. Gallant) and “HIV Medicine 2009” (C. Hoffmann and J. Rockstroh), and Russian manual entitled, “HIV-Medicine”, written by AIHA/KH partners from St. Petersburg with support from AIHA.

## **Central Asia**

### **Adaptation and Implementation of HIV/AIDS Postgraduate Courses and the Manual on HIV-infection for Medical Students and General Practitioners**

Through the “Development of the Regional Training Center (RTC) on Care and Treatment of HIV/AIDS for Central Asia” project, three postgraduate HIV/AIDS courses developed by the Moscow State University of Medicine and Dentistry were adapted, translated into national languages and will be implemented in four Central Asian countries: Kazakhstan, Kyrgyzstan, Tajikistan and Uzbekistan in 2011:

- Issues of specialized medical care to patients with HIV and HIV-associated diseases;
- Issues of specialized medical care to patients with HIV and Hepatitis B, C;
- HIV prevention in dentistry.

A manual for a new elective course titled “HIV-Infection: A Clinical Overview of HIV Disease and Related Diagnosis, Treatment, and Prevention,” which was developed by I.M. Sechenov First Moscow State Medical University with support from AIHA’s USAID-funded Strategic Partnership Initiative was adapted by Kazakhstan, Kyrgyzstan and Uzbekistan, translated into national languages, published and distributed for use by medical students and general practitioners in these three Central Asian countries.



## Uzbekistan

**December 1**

### **World AIDS Day, Tashkent**

Representatives from the RTC T&C took part in an international conference and series of World AIDS Day 2010 events that were conducted in Tashkent. They presented the manual, "HIV-Infection: A Clinical Overview of HIV Disease and Related Diagnosis, Treatment, and Prevention," which was recently adapted and translated into Uzbek. This manual for medical students and general practitioners was developed by experts at I.M. Sechenov First Moscow State Medical University with support from AIHA.

**December 3-4**

### **Five Years of Work on Prevention of HIV-infection in Central Asia: Experience and Way Forward Conference, Tashkent**

Representatives from the KH/AIHA took part in this close-out conference organized by the Central Asia AIDS Control Project (CAAP) to summarize CAAP activities carried out between 2006 and 2010. The event was a forum for sharing best practices and presenting the most successfully implemented sub-projects. AIHA/Regional Training Center on Care and Treatment of HIV/AIDS for Central Asia (RTC T&C) presented its key accomplishments, experience, and future plans. They also attended a subsequent conference on the results of assessments of safe injection practices and needs for disposable medical instruments in healthcare facilities in Kazakhstan, Kyrgyzstan, Tajikistan, and Uzbekistan.



**December 13-17**

### **Clinical On-site Mentoring for Physicians and Nurses, Tashkent**

This five-day clinical on-the-job mentoring course for physicians and nurses who will work at the new clinic of the Republican AIDS Center in Uzbekistan was conducted by international specialists from Germany and the United States through the "Development of the Regional Training Center (RTC) on Care and Treatment of HIV/AIDS for Central Asia" project with support from the Central Asian AIDS Control Project and World Bank. Total of 92 specialists – 40 physicians and 52 nurses from HIV/AIDS services in Tashkent – attended the on-site clinical mentorings and master-class sessions on treatment and management of HIV-infection and opportunistic diseases

**December 14-16**

### **Working Meeting of the Regional Central Asian Training Center on HIV/AIDS Care, Treatment, and Support for PLWHIV, Tashkent**

Representatives from the RTC T&C, TashIPME, the Republican AIDS Center, and AIHA met and summarized the main achievements of the RTC T&C since its establishment in October 2009 through

December 2010. Participants discussed challenges and planned further activities to strengthen HIV/AIDS capacity in Central Asian Region.



### **January-February**

#### **Regional ToT Courses on Treatment and Management of HIV/AIDS for Specialists from Central Asia, Tashkent**

Two Regional trainings on HIV/AIDS with ToT components were conducted by the local faculty trained within the “Development of the Regional Training Center (RTC) on Care and Treatment of HIV/AIDS for Central Asia” project with support from the Central Asian AIDS Control Project and World Bank. A total of 49 specialists from Kazakhstan, Kyrgyzstan, Tajikistan, and Uzbekistan were trained in advanced issues of treatment and management of HIV-infection and opportunistic infections in adults and children.